

IS GUIDE



BY CONNOR MCGATOR

WHO WE ARE

WE ARE A GROUP OF
35 STUDENTS WHO ARE
RUNNING FOR OUR SCHOOL'S
2027 STUDENT COUNCIL
KNOWN AS THE BDE (BUREAU DES
ÉTUDIANTS).

WE ARE HERE TO MAKE YOUR FIRST
YEAR AMAZING AND
UNFORGETTABLE!

THE TEAM



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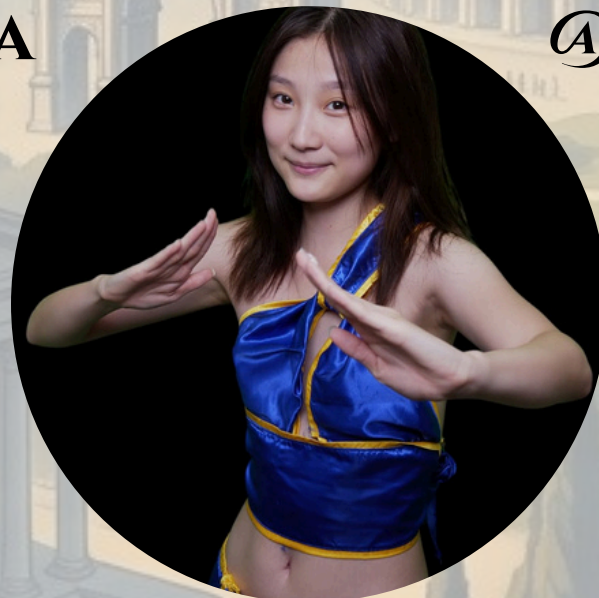
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I. STUDENT LIFE

INTERNATIONAL MOBILITY

**YOUR ESSEC RANK = YOUR PASSPORT
STAMP.**

**MOBILITY WILL BE DÉPENDANT ON
YOUR ACADEMIC PROGRESS, MAKE SURE
YOU KEEP THAT IN MIND WHEN
SELECTING WHERE AND WHEN YOU
WANT TO GO.**

**DREAMING OF SINGAPORE IN S3 OR
RABAT IN S4? KEEP THOSE GRADES
FLYING HIGH, LAST YEAR'S CUTOFFS
WERE NO JOKE.**



**ROADMAP FOR MOBILITY:
CHECK OUT THIS PAGE!**

TESTIMONIES:

EXCHANGES
INTRODUCTION



SINGAPORE
CAMPUS



RABAT
CAMPUS



THIRD YEAR'S
PATH



SOCIAL MEDIA

HERE ARE THE 4
FACEBOOK GROUPS YOU
WILL NEED TO JOIN FOR
YOUR UPCOMING YEARS!



TICKET RESALE
GROUP



PICTURES FROM
EVENTS



GLOBAL BBA
2030



APARTMENT
LISTINGS

SAFETY & ADMIN

OFF CAMPUS

NEED A DOCTOR IN PARIS WHO SPEAKS ENGLISH?
USE [DOCTOLIB](#) TO FIND AND BOOK ONE ONLINE.
JUST SCAN THE QR CODE AND PICK A TIME!

GUIDE TO CAF:
ACCESS HERE

OTHER ADMIN NEEDS:
ACCESS HERE

Doctolib

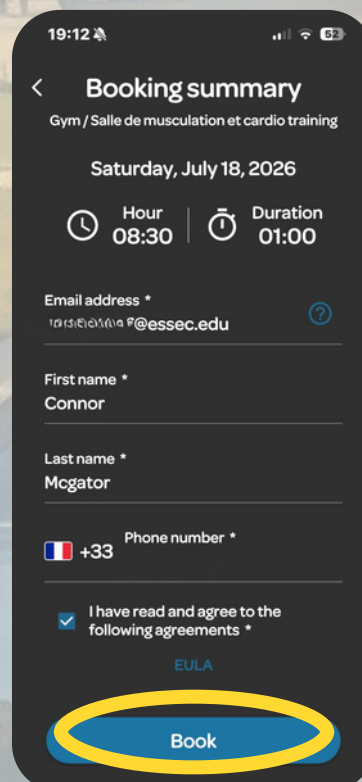
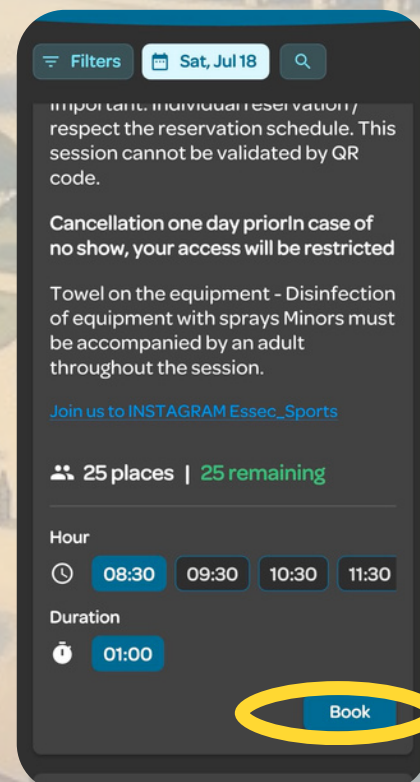
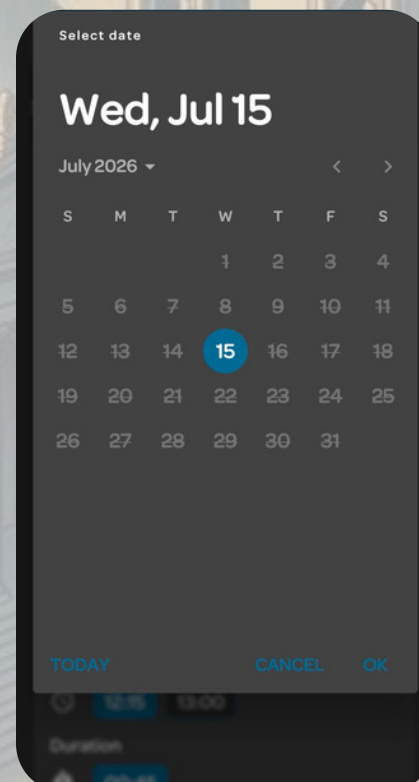
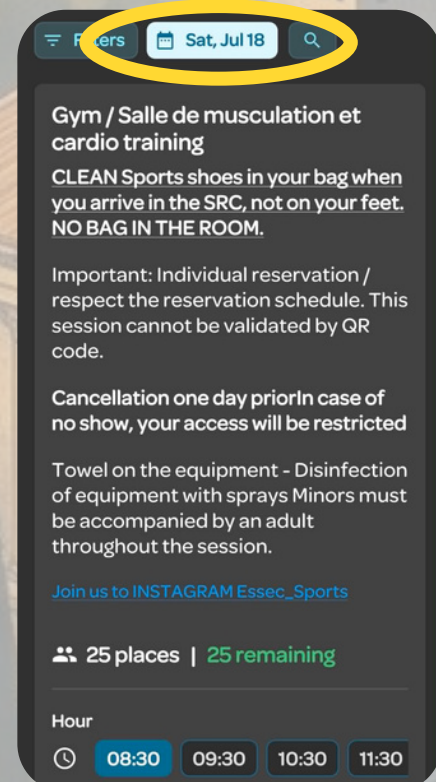
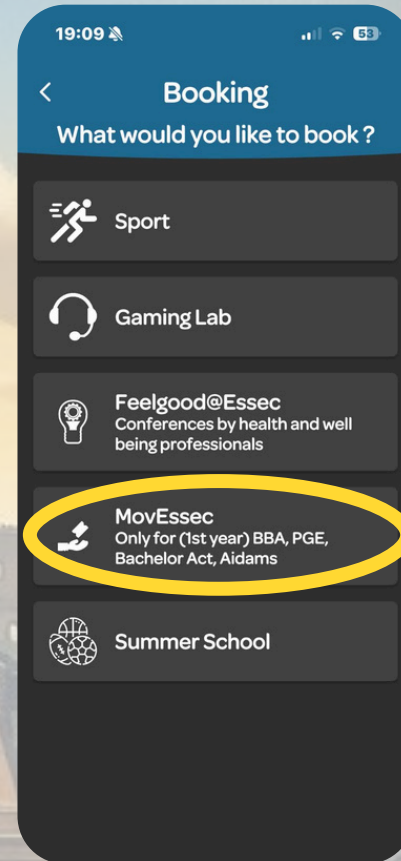
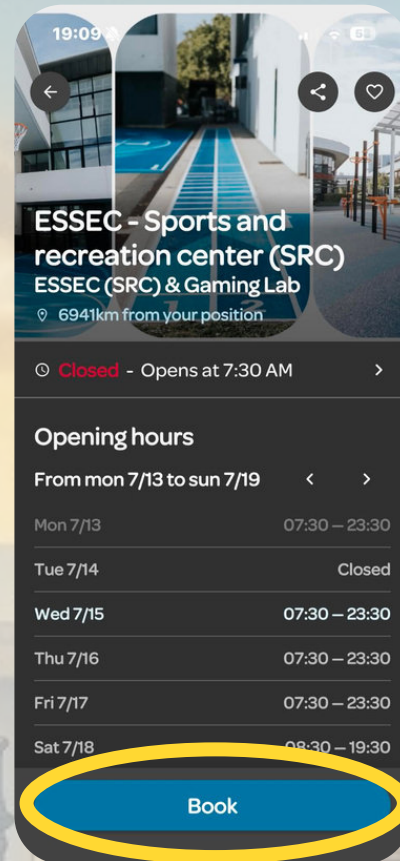
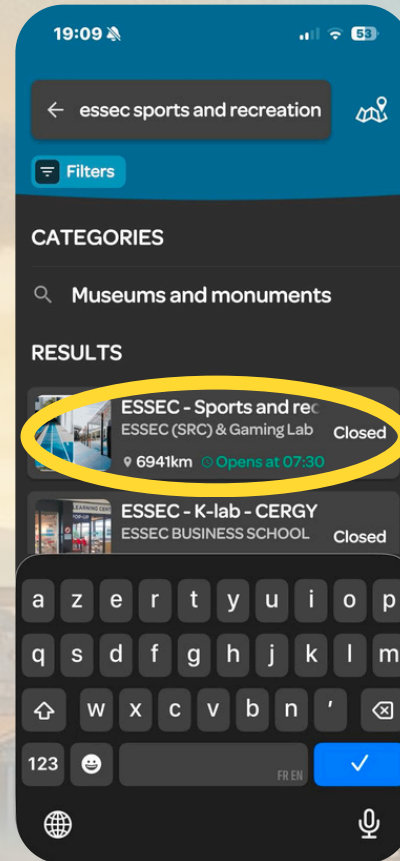
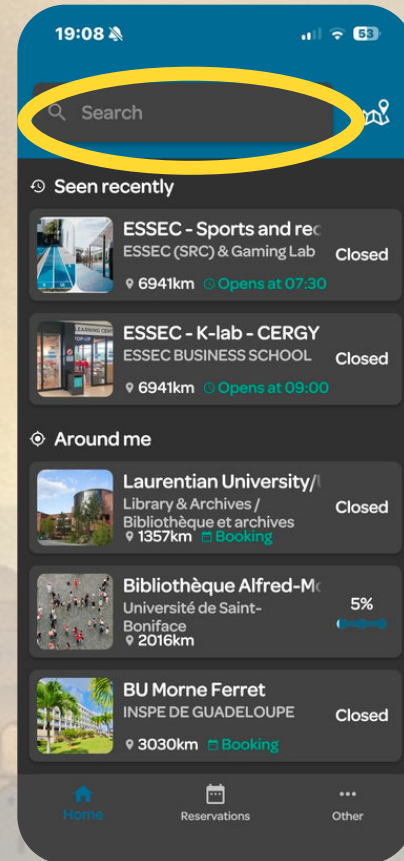


GRADING SYSTEM OUT OF 20

GRADING OUT OF 20 CAN FEEL WEIRD IF
YOU'RE NOT USED TO IT SO HERE'S A
HELPFUL GUIDE:

GRADE	BBA GRADE	DEFINITION
A	16-20	EXCELLENT : Outstanding performance
B	14-15	VERY GOOD : above the average standard but with some errors
C	12-13	GOOD : generally sound work with a number of notable errors
D	11	SATISFACTORY : fair but with significant shortcomings
E	10	SUFFICIENT: performances meets the minimum criteria
F	0-9	FAIL : considerable further work is required

HOW TO BOOK SRC



QUIET PLACES TO STUDY

BOX RESERVABLES P & G
AVAILABLE TO BOOK ON
AFFLUENCE APP

SALLES KLAB
SALLES PORT/PARC



ESSEC CHANTS

MAIN CHANT YOU WILL HEAR ALL THE TIME:

TOC TOC TOC:

ANIMATOR: TOC TOC TOC

CROWD: QUI EST LÀ? (WHO'S
THERE?)

ANIMATOR: MAIS C'EST
(USUALLY SOMEONE'S NAME)!

CROWD: QUEL DRÔLE DE NOM,
POURQUOI PAS LIBELLULE OU
PAPILLON? (WHAT A FUNNY
NAME, WHY NOT DRAGONFLY
OR BUTTERFLY?)

ANIMATOR: AH SI SI PARCE QUE
(AH YES YES BECAUSE)...[THEY
SING ANOTHER SONG YOU'LL
GET THE HANG OF IT]

RAOUT:

C'EST LE RAOUT DE [INSERT NAME]
ON S'EN VA PAS TANT QU'ON LA
PAAAAAS ET ON L'A PAS!!

(BUVONS, BUVONS, ÀAAA SA SANTÉÉÉÉÉ
IL AAAA TRÈS BIEN RAOUT!)/(CET
HOMME EST UNE FEMME, IL N'A PAS
D'ORGANES X2)

TRANSLATION:

IT'S [INSERT NAME]'S SHOTGUN! WE'RE
NOT LEAVING UNTIL WE GET IT, AND WE
DON'T HAVE IT YET! (UNTIL THE PERSON
SHOTGUNS/CHUGS)

IF THEY DID IT: HE/SHE DID A GREAT
SHOTGUN! LET'S DRINK, LET'S DRINK,
LET'S DRINK TO HIS/HER HEALTH!

IF THEY DIDN'T DO IT: THIS MAN IS A
WOMAN. HE HAS NO ORGANS! X2

L'ARÈNE :

**QUAND JE RENTRE DANS L'ARÈNE
ET QUE JE CROISE UN TAUREAU
JE NE SAIS PAS CE QUI ME PASSE PAR LA
TÊTE
MAIS J'AI UNE SOUDAINES ENVIE DE
FAIRE LA FÊTE
UNE SOUDAINES ENVIE DE
POPOPOLOPOPOPOPO**

**TRANSLATION:
WHEN I STEP INTO THE ARENA,
AND I RUN INTO A BULL,
I DON'T KNOW WHAT GOES THROUGH
MY MIND,
BUT I GET A SUDDEN URGE TO PARTY,
A SUDDEN URGE TO
POPOPOLOPOPOPOPO!**

ANGELO :

**ANGELOOO,
ACA CACA CAPELO
ET CE N'EST PAS ASSEZ FORT
ET ON PEUT FAIRE ENCORE
MIEUX**

**TRANSLATION:
ANGELOOO,
ACA CACA CAPELO,
AND THAT'S NOT LOUD
ENOUGH,
AND WE CAN DO EVEN
BETTER!**



CHANT BBA:

**Y'A QU'UN PROGRAMME, LE BBA !
QU'UN BDE, LES TRK**

TRANSLATION:

**THERE'S ONLY ONE PROGRAM, THE
BBA!**

ONLY ONE STUDENT BOARD, THE TRK!

LE ... DU BUS:

**C'EST À L'AVANT/L'ARRIÈRE QU'ON
GUEULE QU'ON GUEULE C'EST À
L'AVANT/L'ARRIÈRE QU'ON GUEULE LE
PLUS FORT**

TRANSLATION:

**IT'S IN THE FRONT/BACK THAT WE
SHOUT, THAT WE SHOUT! IT'S IN THE
FRONT/BACK THAT WE SHOUT THE
LOUDEST!**

VOCAB & FRENCH SLANG

**YOU'LL NEED TO KNOW THIS
VOCABULARY TO UNDERSTAND WHAT
OTHER STUDENTS ARE TALKING
ABOUT!**

[CLICK HERE TO ACCESS](#)

PLAYLISTS

PARTY PLAYLIST FR



Charger
TRIANGLE DES BERMUDES, MC YOS...



PARISIENNE
▶ Music video • GIMS, La Mano 1.9



Pilé
Mauvais djo



Lunettes
TRIANGLE DES BERMUDES, MC YOS...



Il est marié
E ▶ Music video • Dj Sad, La Traine, ...

SPOTIFY



APPLE MUSIC



PLAYLISTS

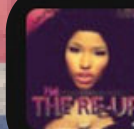
PARTY PLAYLIST EN



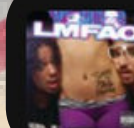
Girl, so confusing featuring lorde
Charli xcx, Lorde



Timber
▶ Music video • Pitbull, Kesha



Starships
E ▶ Music video • Nicki Minaj



Party Rock Anthem
▶ Music video • LMFAO, Lauren Ben...



Beauty And A Beat
▶ Music video • Justin Bieber, Nicki ...

SPOTIFY



APPLE MUSIC



DISCOUNT WEBSITES TO KNOW

StudentBeans

UNiDAYS

ISIC

II. CERGY

WHILE YOU ARE ENJOYING YOUR CAMPUS
LIFE, THERE ARE SOME ACTIVITIES
AVAILABLE FOR YOU TO ADD SOME SPICE
TO YOUR STUDENT LIFE IN CERGY!

LES TROIS FONTAINES

**THE MALL NEAR ESSEC WHERE
EVERYTHING IS AT! SUPERMARKETS,
FASHION, MAKEUP, FOOD COURTS AND
GYM**



PORT

**A PLACE WHERE YOU CAN RELAX AND
TAKE A MOMENT OUT OF THE
ACADEMIC LIFE. YOU CAN FIND TENNIS
COURTS, A LAKE, RESTAURANTS AND
CAFES!**



OUR RECOMMENDATIONS:

LA TAVERNE DES ROIS (FRENCH/ITALIAN CUISINE)



LEON (FISH & CHIPS/BAR)



OUR RECOMMENDATIONS:

ONYXIA (MANY DIFFERENT DISHES)



CERGY TOKYO (JAPANESE CUISINE AND NEAR ESSEC)



SAFETY IS IMPORTANT

IMPORTANT NUMBERS:

OFF CAMPUS:

POLICE: 17

FIRE BRIGADE: 18

EMERGENCY: 15

(AMBULANCE),

112, 114 (TO TEXT)

ON CAMPUS:

CAMPUS/PARC

SECURITY 24/7:

+33 1 34 43 37 00

AT NIGHT AVOID:

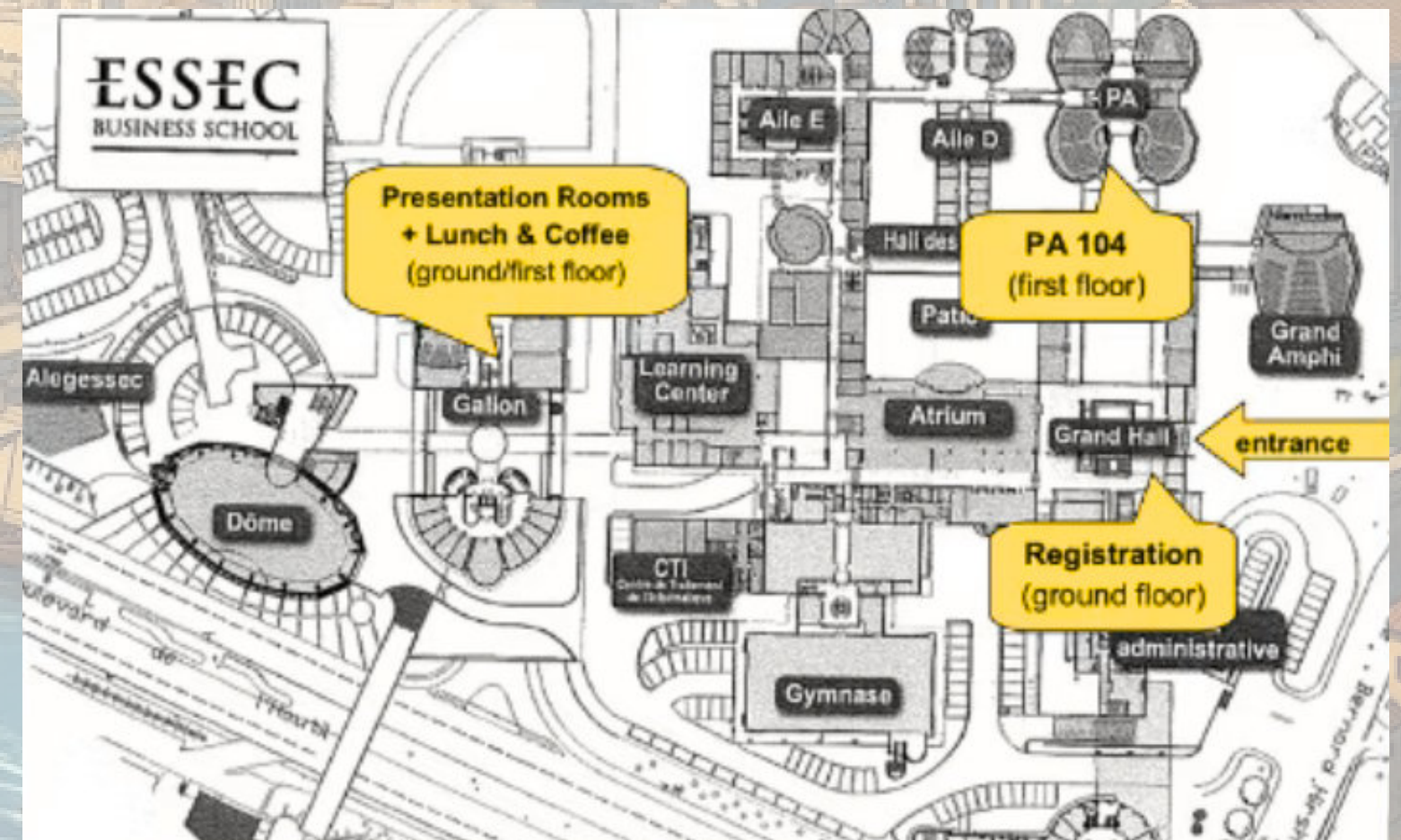
PARC FRANÇOIS MITTERRAND

GARE DE CERGY

3 FONTAINES

WELLNESS ADVICE

NOT FEELING YOUR BEST? VISIT THE NURSE'S OFFICE ON THE **GROUND FLOOR OF THE GALION BUILDING** ("INFIRMERIE"). IT'S FREE FOR ALL STUDENTS, NO APPOINTMENT NEEDED.



IMPORTANT EMAILS;

NURSE:

STUDENTNURSE@ESSEC.EDU

THERAPIST:

NTAKABANYURA@ESSEC.EDU

TRANSPORTATION

APPS:



IDF MOBILITÉS

APP TO SEE ALL TIMETABLES/INFO
ABOUT PARISIAN TRANSPORTS



RER A

THE MAIN TRANSPORTATION OF CERGY (THE
VEIN OF CERGY). GOES TO PARIS WITH A TRAIN
THAT ARRIVES EVERY 10 MINUTES. REFER TO
THE MAP TO SEE FOR ARRIVAL TIMES.

[CLICK HERE](#) FOR THE SCHEDULE.



BUS

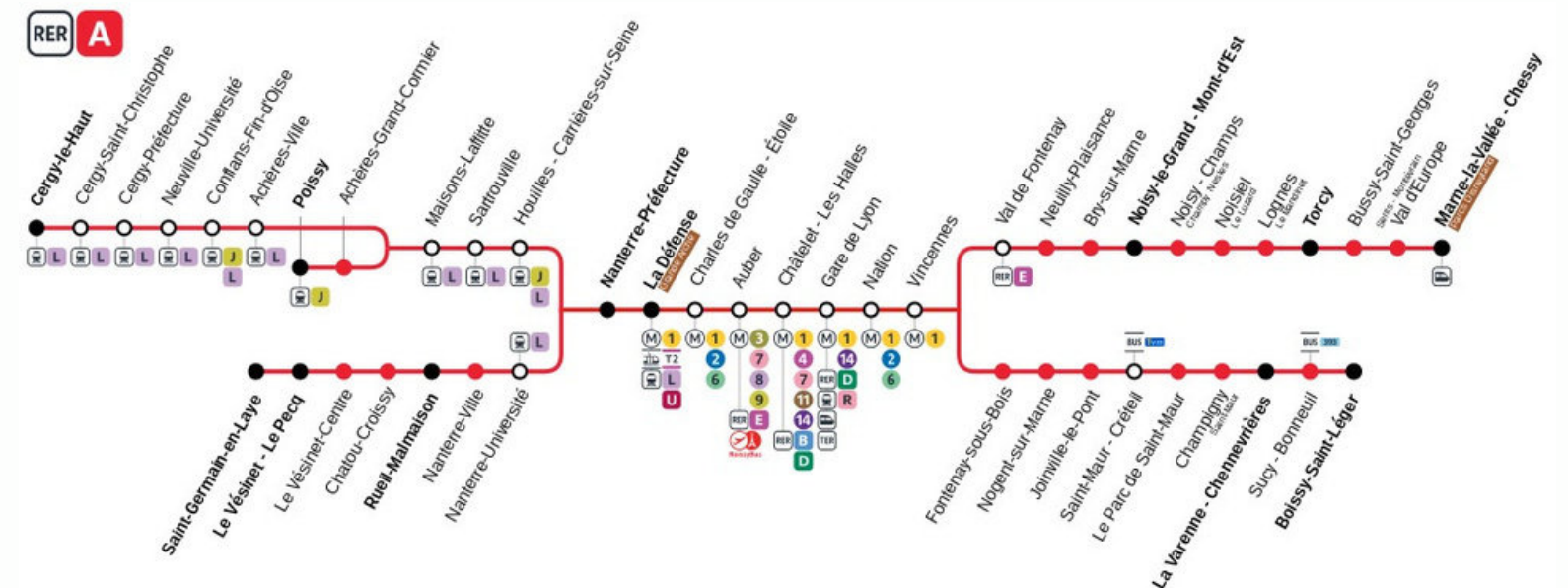
GOES EVERYWHERE HOWEVER WILL TAKE A
WHILE, PLAN ACCORDINGLY AND USE AS YOUR
LAST OPTION. (NOT THE BEST CHOICE AT
NIGHT)



L LINE

FEWER STOPS AND LESS FREQUENT TRAINS.
GOES TO PARIS HOWEVER LIMITED IN ITS
DESTINATIONS.

[CLICK HERE](#) FOR THE SCHEDULE.



III. PARIS

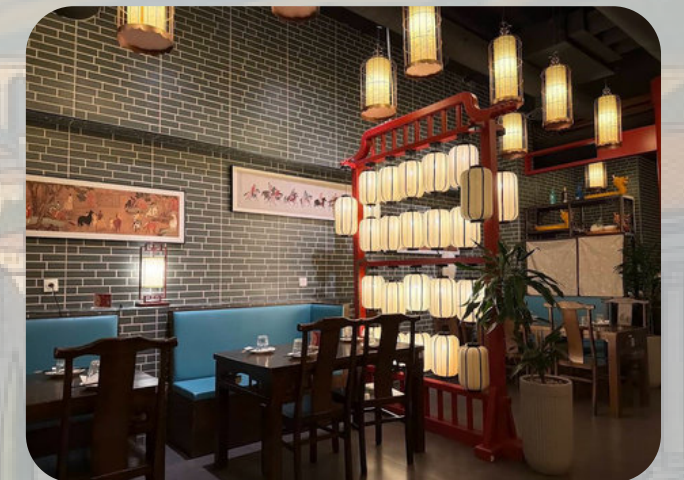
WELCOME TO PARISSSS!!! WE GATHERED SOME OF OUR FAVORITE RESTAURANTS AND CAFÉS TO MAKE SURE THAT YOU HAVE A GREAT TIME EXPLORING THE CITY ALONGSIDE WITH SOMETHING THAT PLEASES YOUR STOMACH! MAKE SURE TO FUEL YOURSELF WHILE ENJOYING YOUR TIME IN PARIS!

RESTAURANTS

PIZZERIA POPOLARE (ITALIAN FOOD)



SHU YUAN (CHINESE FOOD)



BÔ-ZINC CAFÉ (FRENCH FOOD)



KODAWARI RAMEN (JAPANESE FOOD)



PARIS

CAFÉ

CAFE DE FLORE



CAFÉ DE LA PAIX



LED DEUX MARGOT



CAFÉ DES MUSES



NIGHTLIFE

PACHAMAMA



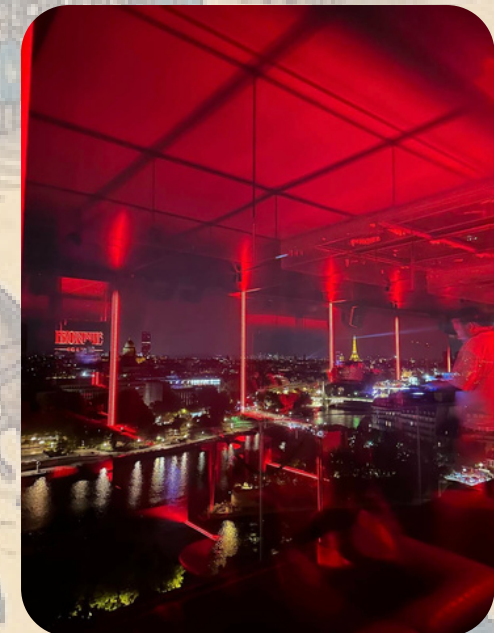
LE GRAND REX



BRIDGE CLUB



BONNIE CLUB



**DON'T FORGET TO CHECK OUT OUR PARIS
RECCOMENDATION MAP FOR MORE!**

[CLICK HERE TO ACCESS](#)

FESTIVALS AND HOLIDAYS



WE LOVE GREEN



LOLLAPALOOZA



ROCK EN SEINE



FÊTE DE LA MUSIQUE



SOLIDAYS

NOTE: FÊTE DE LA
MUSIQUE IS NOT A
FESTIVAL, IT IS A
HOLIDAY
CELEBRATED ON
JUNE 21ST

PARIS MUST SEES



THE EIFFEL TOWER



THE ARC DE TRIOMPHE



THE CHAMPS-ÉLYSÉES



MONTMARTRE



THE LOUVRE



THANK YOU!